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**Rutherford County Government  
Risk Management**



# EXTENDED HOURS FOR \*FASTING BIOMETRIC WALK INS

Every Tuesday at Blackman 6:00am-7:30am

Every Wednesday at Stewart's Creek 6:00am-7:30am

Every Thursday at Walter Hill 6:00am-7:30am

Every Saturday 7:00am-11:00am

Blackman & Walter Hill will accept walk ins  
for biometrics screenings in addition to  
scheduled appointments.

**AUGUST 1, 2016 THROUGH SEPTEMBER 30, 2016**

\*Fasting means no food  
or drink for 8 hours  
before blood draw.

We will send your results to Cigna and  
your patient portal account.

Also, remember to take your online  
assessment at [www.mycigna.com](http://www.mycigna.com) by  
09/30/2016.

615-904-6770