

Rutherford County Extension News



April 2016



Explore agriculture's impact on YOUR life!

Join us for the 5th Annual
Adventures in Agriculture

April 9, 2016

10 a.m. to 2 p.m.

Lane Agri-Park Complex

315 John Rice Boulevard, Murfreesboro

(just past Sam's Club and Tractor Supply)

For more information call - 898-7710

Free! Fun! Games! Exhibits! Demonstrations! Free!

Sponsors:



DON'T MISS THE 2016 ADVENTURES IN AGRICULTURE DAY AT LANE AGRI-PARK!

Farmers will be here to share their knowledge of animals, crops, homegrown foods, handmade products, and more with parents and children. **Admission is FREE** and open to the public. We will be taking canned food donations for the Rutherford County Food bank at registration.

This event, hosted by members and partners of the Rutherford County Agriculture Community, provides many hands-on activities to teach families about agriculture's impact on our everyday lives.

Children can pick up a passport to have stamped as they pass through the adventure. There will be a drone exhibit and demonstrations on how they are used on a farm. Children of all ages can play "My American Farm" on our new tablet lab.

There will be live animal exhibits, food displays, gardening information, and more. Adults and children alike will have the opportunity to learn heritage skills, such as butter making, spinning yarn, and more.

Parents can talk with **Master Gardeners** and learn how to grow their own vegetables in a back yard or container garden, no matter how much (or how little) room you have. There will be plenty of games, food, and information. Don't miss this family fun day for all ages.

Real. Life. Solutions.



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Combo Road Course & Cross Country
April 9, 2016
Race Begins at 8:30am

Walk, run, or stroll the road & cross country course around the Lane Agri-Park Grounds

Proceeds are used to benefit the 4-H Endowment Fund which helps support 4-H programs in Rutherford County.

Registration starts 7:00am / Race begins at 8:30am in front of barn

The first mile is a road course and the remainder is cross-country through the Lane Agri-Park grounds. Advance registration is over, but you can still register on Saturday. \$30 per adult / \$20 if under 17

HELP SUPPORT YOUR
LOCAL 4-H CLUBS
BY ADDING
\$1
AT CHECKOUT

100% of the proceeds from the sale of paper clovers will benefit agricultural county 4-H programs and National 4-H Council.
LEARN MORE ABOUT THE TRACTOR SUPPLY/4-H PARTNERSHIP

Hurry In To Your Nearest **TRACTOR SUPPLY CO.** Sept. 21st - Oct 2nd, 2011

ANNUAL CLOVER DRIVE HELPS LOCAL 4-H

Every spring and fall since 2010, Tractor Supply Stores in 49 states have partnered with 4-H to raise funds to support LOCAL club activities.

This years spring promotion will be held April 13 through 24.

By contributing \$1 at check out you will be helping Rutherford County Youth participate in 4-H programs, camps, activities, clubs and more!

Thank you! For supporting our 4-H youth programs!

I pledge my **head** to clearer thinking, my **heart** to greater loyalty, my **hands** to larger services, and my **health** to better living for my club, my community, my county, and my world.



Using Pesticides and Fertilizers Safely in the Home Landscape

April 11 6-8 PM
Community Center

Somewhere between doing nothing and grabbing the napalm, there is a fertilizer or pesticide that will help solve your landscape woes.

Mitchell Mote will be teaching how to determine which product to use and how to correctly apply it.

No fee to attend this class, but registration is appreciated.
Call 615-898-7710 or email mmotel@utk.edu



Plant Swap!

SATURDAY, APRIL 23RD
9AM - 12:00 PM
LANE AGRI-PARK
COMMUNITY CENTER
315 JOHN R. RICE BLVD.
MURFREESBORO, TN 37129

Bring your extra plants to swap. 1 plant = 1 swap (Vegetables, flowering plants, bulbs, corms, trees, houseplants accepted). Please! no small seedlings, seeds or invasive plants.

New to gardening & don't have a plant to spare? Bring up to 10 cans, non perishable food) to swap for plants. Food will donated to local food pantry.

Plants need to be divided if necessary, labeled with plant name & growth habits.

New this year!

The Garden Market



Fun finds, garden themed crafts & items will be offered for sale



Don't leave your plants out in the cold!
Last expected frost date in our area is April 15th. Late freezes will happen!

UT-TSU Rutherford County Extension
315 John R. Rice Blvd.
Murfreesboro, TN 37129
615-898-7710
rutherford.extension.edu

Have a question for one of our agents? Ask about gardening, landscaping, or Extension events! Call WGNS (AM 1450; FM 100.5 and FM 101.9) Radio Thursday mornings 8:10am-9:00am Thursdays to "Ask An Agent" Call in line is 615-893-1450

Farmer's Market Opening Day May 13, 2016!!!

It's almost time for the ONLY producer / local farmer's market in Rutherford County to open for the 2016 season.

Meet your favorite vendors and find out what is new for this year.

The popular 9am Educational Classes are lining up to be interesting and lots of fun. Here is what is on the schedule for May:

- 5/13 The Uncommon Vegetable Garden
- 5/17 How to Build a Straw Bale Garden
- 5/20 What's in the bag/ the Bottle?
- 5/24 Native Plants
- 5/27 Cooking Demonstration / 5 Senses
- 5/31 Seasonal Eating
- 6/3 "Hello! Summer Celebration"

MEET YOUR FARMER & YOUR NEIGHBOR
OPENING DAY FRIDAY, MAY 13th 2016!

TUESDAY & FRIDAY
7 AM TO 12 NOON

RUTHERFORD COUNTY FARMERS' MARKET

FREE CLASS
@ 9:00am

Lane Agri - Park Community Center
315 John R. Rice Blvd.
Murfreesboro, TN

FRESH SAVINGS SNAP pick TENNESSEE

Check out next month's newsletter for more information on what to expect at the 2016 Farmer's Market!!!

Diabetes Academy April 20 10am–2pm Community Center

This **FREE** class will help you learn more about managing diabetes:

- * Diabetes 101
- * Tips for eating healthy /staying active
- * Review basics about insulin and non-insulin medications

Call 615-898-7710 to register or email

Misty Layne-Watkins
mlaynewa@utk.edu



Last call for SOUTHERN WOMENS SHOW TRIP Thursday April 14

Take all the stress out of going to Nashville... no traffic to worry about—no parking—door to door transportation. Bus leaves Lane Agri Park at 9am / leaves Music City Center to return home at 3:00pm

Tickets are \$30 which includes show admission.

Prizes! Give-Aways!

Food! Fun! Fashion!

Send / bring your payment ASAP before this trip fills up!.
Lunch and purchases will be on your own.

What Can Your Child Do at 4-H Camp?



Mom & Dad.

Are you thinking about sending your 4-H'er to 4-H Camp this summer?

Are you curious to know where they will be staying and what they will be doing?

You are invited to learn more at the 4-H Camp Open House

Clyde M. York 4-H Center

62 4-H Center Drive

Crossville, TN 38572

April 30, 2016

10am—2:00 pm

For more information call: (931) 788-2288

Junior 4-H Camp

Open to any Rutherford County child that is currently enrolled in 4th, 5th, or 6th grade.

June 27 through July 1, 2016

Cost \$300, includes transportation

Registration starts April 19th
(Partial scholarships available.)

Jr. Camp Parent nite: May 31

Find out more information or get registration forms on the 4-H Camp page of our website:
<https://rutherford.tennessee.edu>

Junior High 4-H Camp

Open to older youth that have completed grades 6-8

May 30 - June 3, 2016

Cost: \$290

(transportation NOT included!)

Register now!

Other Camps to check out

- Academic Conference
- Design Camp
- Culinary Arts
- Electric Camp
- Target Smart

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Tennessee 4-H Congress gives 4-Hers and volunteers first-hand experience in state government. 9th or 10th grade students selected as delegates from each county. Each participant serves a 4-H senator or representative to form a “junior” state Congress. Throughout the 4-day trip in Nashville, Tennessee delegates experience life in the state capital, learn how the election process works, meet with their own state representatives and learn about state government and service to others.

Rutherford County was well represented this year with two outstanding students and their adult leader, Amy Willis Extension Agent.



Van A. and Olivia H. with Representative Mike Sparks



Van A. and Olivia H. with Senator Jim Tracy



4-H Students see TN Senate in action



S.T.E.M. Camp



21 future scientists and engineers participated in our first **STEM** camp during spring break. They enjoyed a week

long adventure in **Science, Technology, Engineering and Math** experiments and experiences. Thanks to all our visiting instructors from MTSU, TN Tech Univ., Univ. of TN, TN State University and Linebaugh Library for sharing their time and resources to make this an outstanding experience.



Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.